



THE STABLES

BAR & RESTAURANT

Welcome to an Equestrian British Gastropub set to guide you on a
exquisite journey. Embark on a culinary experience where gastronomy
blends seamlessly with musical enchantment

A PART OF PENINSULA HOSPITALITY GROUP



AT THE STABLES



Basil



Mint



Bay leaves



Parsley



Dill



Cregano



Thyme



Tarragon



Savory



Rosemary

WHAT DID THAT SALAD
EVER DO TO YOU!



ASK OUR SERVERS FOR THE SPECIAL OF THE DAY
ALL TABS MUST BE OPENED WITH A CREDIT OR DEBIT CARD & VALID ID
ALL PRICES INCLUSIVE OF 5% UAE VAT, 7% MUNICIPALITY FEE & 10% SERVICE CHARGES

Bites

COD FRITTERS 55

With tartar sauce, parsley powder, lemon gel and a herb salad

NEXT LEVEL TACOS

With your choice of

Maintained rojo grilled avocado **35**

Crispy chicken **45**

Atlantic cod **55**

Tiger prawns **65**

Two hand pressed maze corn tacos, pickled jalapenos, spring onions, roast garlic mayo, pickled shallots, white cabbage, avocado cream and Mexican chili dust

TRIPLE COOKED CRISPY CHICKEN WINGS

8 WINGS **45**

12 WINGS **55**

Marinated in spiced butter milk and then fried to crispy perfection with your choice of our in house sauces

CRISPY CALAMARI 54

Served with a fennel, apple, celery salad and Sicilian lemon mayo

SHOW TIME NACHOS 65

Dressed in pico de Gallo, sour cream, house cheese sauce, coriander, spring onions, pickled jalapenos, parmesan cheese
Add chili or pulled BBQ chicken for only **30**

BRAISED LAMB SHOULDER FRITTER 59

Served with red dragon kimchi slaw, wasabi mayo, pickled jalapenos and a sticky lamb glaze

CRISPY CHICKEN LEG STUFFED WITH ASIAN AROMATA'S 65

With green sauce and a parsley mint spring onion salad.

MEXICAN STEAMED TAMALES 45

Served with rojo sauce, smoked cheese and dressed lime coriander spring onion salad

YELLOW FIN TUNA, GRILLED PRAWNS AND SEARED VIKING SCALLOPS 65

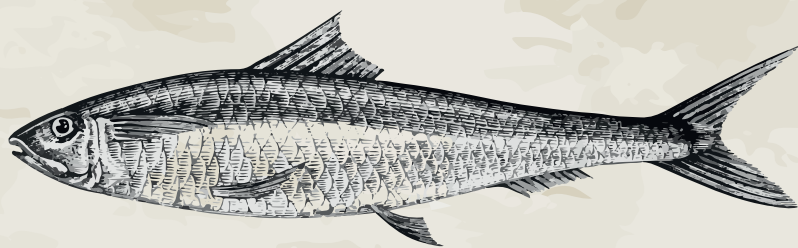
Served on crispy wafflers, roast spring onion dressing, Mizo butter, lemon gel, red mayo and a lime micro leaf salad



Stars of the Atlantic Ocean



Mackerel

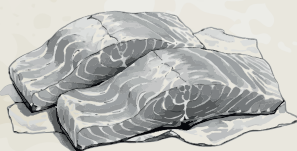


Sardine



Salmon

FISH FOR HEALTH,
TASTE NATURE'S BOUNTY!



Food Memories



HUNTERS PASTA 65

Stuffed parcels with ricotta, parmesan and served with wagyu mince gravy, rocket, lemon zest and shitake mushroom sauce

STABLES MIXED GRILL 179

Two marinated lamb chops ,4oz wagyu rump steak ,Grilled chicken breast ,slow cooked beef tomato ,grilled flat cap mushroom , rocket your choice of side and two sauces of your choice

ROJO STEAMED AND MARINATED CHICKEN OR ATLANTIC COD 95

Served with saffron rice, lime scented salad

CAULIFLOWER KATSU CURRY 65

With herb salad ,steamed rice ,lime , togisha sesame roast seaweed crumb and pickled red cabbage

ATLANTIC COD FISH AND CHIPS 85

With mushy peas, house tar tar sauce, chippy chips, pea shoots and wrapped lemon

ROAST CHICKEN BREAST 75

Served with buttered mash potatoes , shallot and herb butter green beans finished with a spiced tomato sauce

STEAK OF THE WEEK (ASK YOUR SERVER FOR ARE SPECIALLY SELECTED STEAK) 159

Served with house cut fries, rocket parmesan salad and your choice of sauces - BBQ, house gravy or crème fresh tomato

CHARRED GRILLED BUTTER CHICKEN CURRY 85

Marinated chicken, mint yogurt, mango chutney, pickled garlic, pomodoms , herb butter nan, saffron rice and spring onions

GRILLED FLAT CAP MUSHROOM LINGUINE PASTA 55

Rolled in shitake lemon mushroom sauce and finished with A herb oil and lemon micro salad

GRILLED SCOTTISH SALMON 85

Served with a spiced black bean cake ,confit shallot French beans and a caramelized onion sauce

SALADS

HOUSE SALAD 45

Shaved fennel, cherry tomatoes, cucumber, chives, apple, pickled shallots, rocket and house dressings

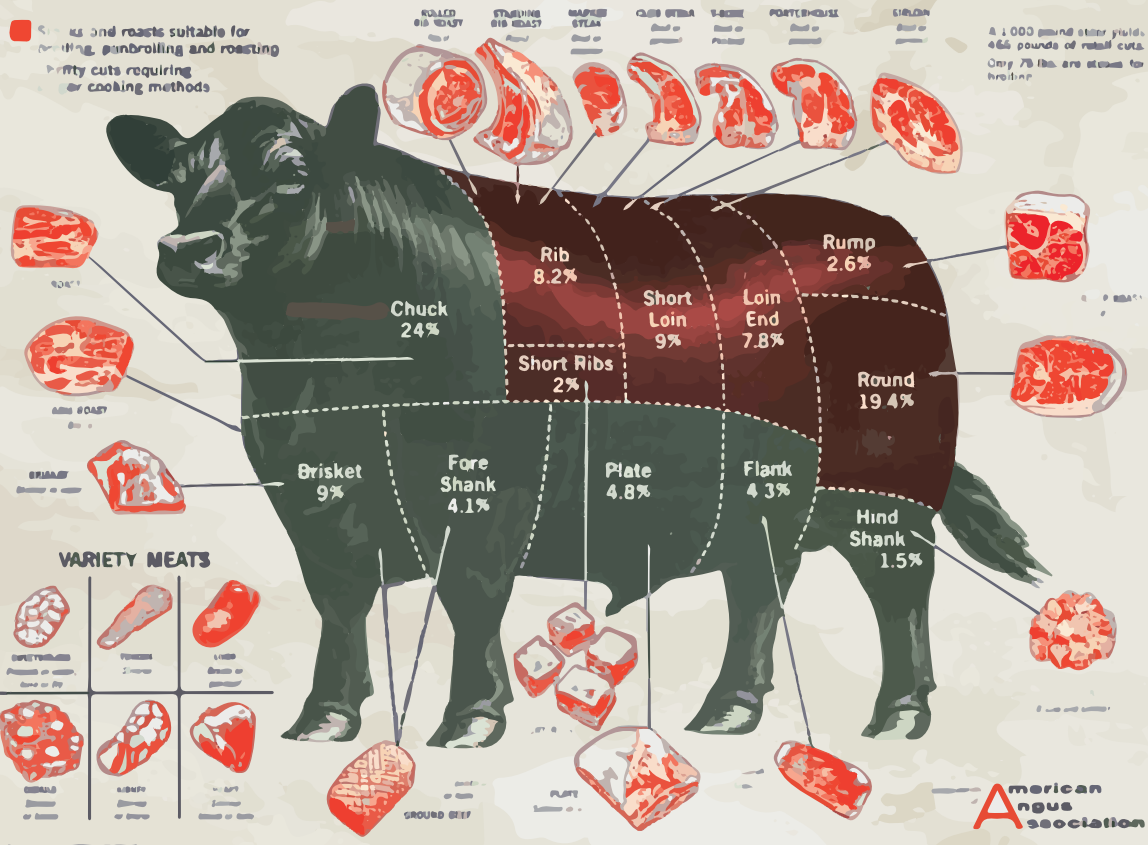
CLASSIC CAESAR SALAD 45

Romine, focaccia croutons, house truffle Cesar dressings, shaved parmesan
Add Nz grilled chicken 15



Angus Beef Cuts

ANGUS BEEF CHART



HOW DO YOU LIKE YOUR STEAK?



Stables Burgers

ARE BURGERS MINCE PATTIES ARE GROUND IN HOUSE WITH A 70/30 MIX OF CHUCK STEAK AND WAGYU BRISKET.

STABLES CLASSIC BURGER 65



Two four oz. steak mince patties, smoked apple wood cheddar, house onion rings, secret sauce, tomato, shredded lettuce, crinkled gherkins and hand cut spicy fries
ADD RACLETTE CHEESE 20

THE MOIST MAKER 75

6oz beef patty, brioche fritter dipped in beef gravy stuffed with caramelized onion, mozzarella, cheese smoked cheese, avocado, pickled shallots, lettuce roast garlic mayo and fries

COCONUT CRISPY CHICKEN BURGER 55

Chili water infused grilled pineapple, spiced mayo, romaine lettuce, pickled shallots, tomato and coconut sweet potato fries

BLACK BEAN VEGGIE BURGER 45  
Pickled vegetables, hot sauce mayo, sour cream, avocado and spicy fries



Stables Pizzas

ARE DOUGH IS 48 HR SLOW PROVED DOUGH AND WE HAVE SOURCED THE FINEST INGREDIENTS FOR AN AUTHENTIC PIZZA EXPERIENCE



CLASSIC MARGARITA PIZZA 59

Slow roasted tomato ragu, fresh mozzarella cherry tomatoes and fresh basil
ADD CHAR GRILLED BBQ CHICKEN 15

NYC PEPPERONI PIZZA 64

Spiced pepperoni, tomato ragu, fresh mozzarella, pickled red chilies, truffle honey and basil

BBQ PULLED CHICKEN PIZZA 62

House BBQ sauce, fresh mozzarella, fontina cheese, garlic butter, lemon caramelized onion, Korean chili oil and basil

TRUFFLE BURRATA PIZZA 85

Fresh burrata, aged balsamic, pickled jalapenos, lemon zest, Italian rocket, parmesan, tomato ragu, garlic chips and garlic butter

●  — Vegetarian ●  — Nuts ●  — Dairy ●  — Gluten ●  — Egg ●  — Seafood ●  — Alcohol

HERBS



NATURE'S BOUNTY ON YOUR PLATE:
FRESHNESS AND VITALITY WITH HERBS



SIDES



BUTTER MILK ONION RINGS 25

KING EDWARD HAND CUT CHIPS 30

GRILLED TENDER STEM BROCCOLI 30

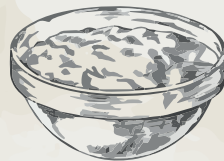
ARIGA BUTTER MASH POTATOES 30

HOUSE SALAD 30

HOUSE FRIES 30

Sauces

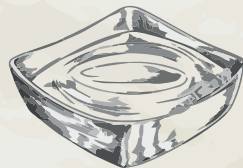
SZECHWAN HOT HONEY (10)



WASABI MAYO (10)



COTSWOLD BLUE CHEESE SAUCE (10)



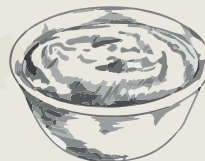
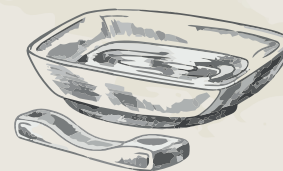
SDS HOT BUFFALO SAUCE (10)



SDS MILD TRUFFLE SAUCE (10)



BBQ (10)



Candyland Delights



WITH OUR SWEETS,
HAPPINESS BEGINS WITH THE FIRST BITE!



Sweets

PERUVIAN CHOCOLATE BRIOCHE BAO 25 
Stuffed with vanilla cream and finished with
toasted pistachio

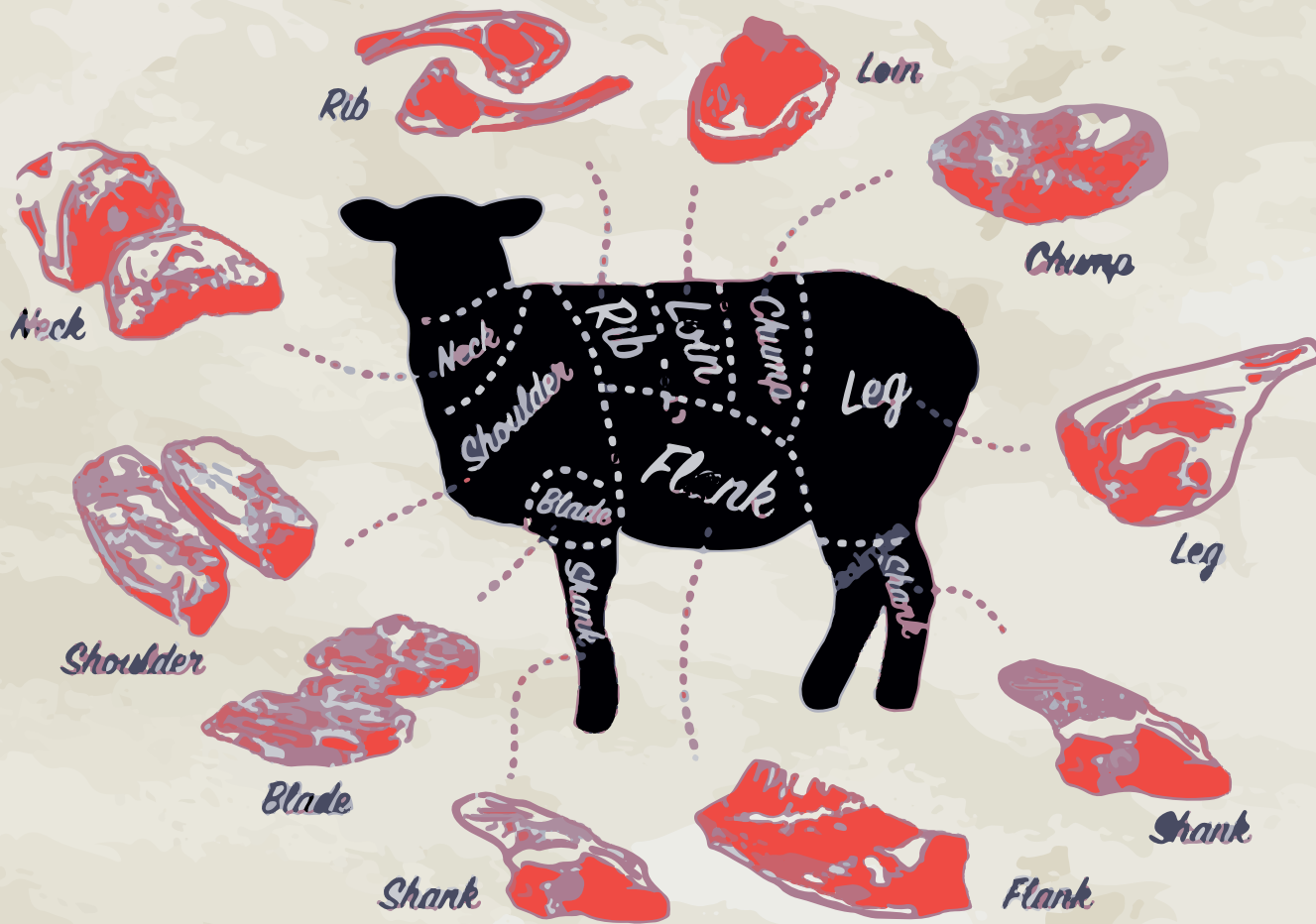
STICKY TOFFEE PUDDING 41
Butter scotch sauce ,praline tuile ,Maldon
Sea salt ,vanilla ice cream and lemon zest

FIRE AND ICE 45  
Pistachio crusted brioche bun ,apple, pistachio ,
raspberry ice cream ,raspberry gel ,vanilla
cream ,lemon ,white chocolate

DARK CHOCOLATE CAKE (SERVES TWO) 95
Layered with Lemon vanilla butter cream ,
marinated raspberries ,chocolate crumb and
lemon verbena



Lamb Cuts





THE SECRET OF FLAVOR
UNVEILS WITH LAMB MEAT



Stables Sunday Experience

STARTERS

Soup of the day 35  

Twice baked Cheese soufflé
With Waldorf salad and lemon dressing 45 



SUNDAY ROAST SELECTION

NZ half slow roasted chicken glazed with
chicken jus 125

saddle of Australian lamb stuffed with
mushrooms and spinach mousse 135

ROAST OF THE WEEK

we select a cut every week from the best
suppliers to ensure we get the best quality
and value for our customers 135

Roast cauliflower ,braised beans, pinch
and Kirkwall cheese pie 110

ALL SERVED WITH

Confit shallots and French beans ,
duck fat roast potatoes ,creamed spinach
and cauliflower crumb ,Yorkshire puddings ,
honey roast root vegetables and your
choice of house gravy ,beef ,
lamb or roast chicken

SWEET OF THE DAY

Sticky toffee pudding 41

PLEASE SEE YOUR SERVER IF U HAVE ANY DIETARY REQUIREMENTS

 Vegetarian •  Nuts •  Dairy •  Gluten •  Egg •  Seafood •  Alcohol

BAR SELECTION

CHEERS TO BUNDLES ADVENTURES !



THE STABLES

BAR & RESTAURANT



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WINE

RED

ANAKENA BIRDMAN CABERNET 47/159 🇵🇷
ANAKRNA BIRDMAN MERLOT 47/159 🇵🇷
SANTA JULIA MALBEC 47/179 🇺🇾
JOURNEY END SYRAH 49/179 🇿🇦
CASILLERO DEL DIABLO CABERNET -/179 🇵🇷
CHATEAU DARZAC BORDEAUX -/249 🇫🇷
RIOJA CRIANZA NAVAJAS -/355 🇪🇸
CATENA MALBEC -/399 🇺🇾
CHATEAU STE MICHELLE SYRAH -/420 🇺🇸
OYSTER BAY PINOT NOIR -/449 🇺🇸
AMARONE VALPOLICELLA CLASSICO -/660 🇮🇹
LA FLEUR DE BADETTE GRAND CRU -/699 🇫🇷
CHOCOLATE BLOCK -/729 🇿🇦

WHITE

EMOTIVO PINOT GRIGIO 47/159 🇮🇹
ANAKENA BIRDMAN SAUVIGNON BLANC 47/159 🇵🇷
CASILLERO DEL DIABLO CHARDONNAY 47/159 🇵🇷
CASILLERO DEL DIABLO SAUVIGNON BLANC 49/179 🇵🇷
JOURNEY'S END CHARDONNAY -/179 🇿🇦
SIMONSIG CHENIN BLANC -/179 🇿🇦
COSESETTI GAVI DI GAVI -/280 🇮🇹
ZUCCARDI TORRONTEN SERIE A -/280 🇺🇾
MATUA SAUVIGNON BLANC -/320 🇺🇸
KUNG FU GIRL RIESLING -/370 🇺🇸
JEAN MARC BROCARD CHABLIS -/449 🇫🇷
BLACK STALLION HERITAGE CHARDANNAY -/529 🇺🇸

ROSE

BARTON & GUESTIER 47/159 🇫🇷
WHISPERING ANGEL -/395 🇫🇷
PINKAS FLAMINGOS PINOT GRIGIO ROSE -/179 🇮🇹
BLOSSOM HILL 47/159 🇫🇷

SPARKLING

CONTE FOSCO BRUT 48/160 🇮🇹
RUGGERI ARGEO -/165 🇮🇹
PIERLANT ROSE FRONCE -/150 🇮🇹

CHAMPAGNE

MOET & CHANDON -/650 🇫🇷
LAURENT PERRIER -/650 🇫🇷
LAURENT PERRIER ROSE -/2100 🇫🇷

DESSERT WINE

CHARMES GODARD BLANC 55/199 🇫🇷
ARALDICA MOSCATO -/270 🇮🇹
OREMUS TOKAJI -/570 🇮🇹



SIGNATURE COCKTAILS

SCONEBERRY ROYAL 65

PINK GIN, CHAMORD, STRAWBERRY JAM,
CLOTTED CREAM

Inspired by British scones, this creamy cocktail is a delightful dessert in a glass. Made with cream and meticulously crafted in-house, it offers a truly exceptional indulgence

LONDON GARDEN GIMLET 65

HENDRICKS GIN, EARL GRAY CORDIAL,
CLARIFIED CUCUMBER JUICE, ROSE TINCTURE

"London Garden Gimlet" evokes fresh botanicals, capturing the essence of a blooming garden in a glass

RICE PUDDING REVIVER 65

VODKA, BORGHETTI, PUFFED RICE ORGEAT,
CARDAMON TINCTURE, ESPRESSO

"The Rice Pudding Reviver" twists the classic Espresso Martini with puffed rice orgeat and cardamom, perfect for connoisseurs

BRITISH ISLE BREEZE 65

WHITE RUM, ENGLISH BREAKFAST TEA,
CHARTREUSE, LEMON OLEO, LEMON JUICE

"Pancho Punch" reimagines the timeless British punch into a delightful, celebratory drink with enchanting flavors

CHRYSANTHEMUM 65

VODKA, EXTRA DRY, LILLET, DOM
BENEDICTINE, LAVENDER TINCTURE

"The Chrysanthemum" is a captivating blend of botanicals, a timeless elixir that charms palates for generations

FIG AND MINT JULEP 65

FIG BOURBON, HONEY, MINT LEAVES

Fig and mint blend in this robust, spirited concoction, tailored for purists or Old-Fashioned enthusiasts

FOGGY MOOR MARGARITA 65

TEQUILA, MEZCAL, FRESH LEMON JUICE,
TRIPLE SEC

"Foggy Moor": A smoky Mezcal Margarita evoking misty moorlands, offering an appealing and evocative choice

PIMMS CUP 65

PIMM'S NO 1, LEMONADE, GINGER ALE,
STRAWBERRY SLICES, ORANGE SLICES,
CUCUMBER SLICES, LEMON SLICES

"The Pimm's Cup": A refreshing British classic, blending Pimm's No. 1 with vibrant fruits and lemonade, capturing a relaxed British spirit

COUNTRYSIDE PALOMA 65

TEQUILA, MONTENEGRO AMARO,
ABSINTHE, HONEY, APPLE CIDER / SODA

A flavorful fusion transporting you to the British countryside, offering a refreshingly familiar yet pleasantly unexpected journey



CLASSIC COCKTAILS

COSMOPOLITAN 55

Vodka, cointreau, cranberry juice

PORNSTAR MARTINI 55

Vodka, passion fruit, prosecco

WHISKEY SOUR 55

Bourbon, lemon juice, sugar and egg white

PINA COLADA 55

Rum, coconut cream, pineapple juice

OLD FASHIONED 55

Bourbon, sugar, angostura bitters

STRAWBERRY VODKA LEMONADE 55

Vodka, fresh strawberries, lemon juice and soda

NEGRONI 55

Gin, vermouth rosso, campari

MOJITO 55

White rum, sugar, lime juice, soda water, mint

LONG ISLAND 60

Vodka, tequila, white rum, triple sec, gin, cola

DAIQUIRI 55

Rum, lime juice and sugar



COCKTAIL PITCHERS

TRADITIONAL VODKA SANGRIA 150

Fruity red wine, vodka, orange juice and fresh seasonal fruits

SUNSET PUNCH 150

Vodka, Pineapple, orange and Grenadine

MOJITO 150

White rum, Mint, Lime and soda



MOCTAILS

RED STALLION 40

Cranberry, Lemon, Rose Water, Honey, Soda & Lemonade

PONY PUNCH 40

Orange, Passion Fruit, Vanilla, Sugar & Lemon

LIME FIZZ 40

Mint, Lime, Sugar & Soda

PINA PARADISE 40

Cream, Pineapple & Coconut cream

DRAUGHT BEER

HEINEKEN 49
ESTRELLA 51
STELLA ARTOIS 49
AMSTEL 47
PERONI 51
BIRRA MORETTI 51
GOOSE ISLAND 51
BUDWEISER 49
CORONA 51
HOEGAARDEN 51
HOEGAARDEN ROSE 51
BREW DOG 53
GUINNESS 51
STRONGBOW CIDER 49
KING FISHER 45
ASAHI 57

BOTTLE BEER

STELLA ARTOIS 39
PERONI 40
SOL 41
BUDWEISER 36
HEINEKEN 39
HEINEKEN 0.0 35
AMSTEL LIGHT 39
MAGNERS CIDER 42
STRONGBOW CIDER 42
DESPERADO 42
SMIRNOFF ICE 42
BACARDI BREEZER 42



SPIRITS

VODKA

KETEL ONE 45
CIROC 53
STOLI ELITE 49
GREY GOOSE 53
BELVEDERE 53

GIN

TANQUEAY 45
TANQUEAY 10 49
HENDRICKS 49
GORDONS 44
GORDONS PINK 45
MONKEY 47 65
ROKU 45

RUM

CAPT. MORGAN BLACK 44
CAPT MORGAN WHITE 44
CAPT. MORGAN SPICE 44
RON ZACAPA 65
MOUNT GAY 49
HAVANA CLUB 7YRS 41
ANGOSTURA 7YR 43
ANGOSTURA 1919 49
ANGOSTURA 1824 75

BOURBON

JACK DANIELS 48
JACK DANIELS HONEY 48
MAKERS MARK 49
JIM BEAM 45
BACKERS 56

WHISKEY

JW BLACK LABEL 49
JW DOUBLE BLACK 50
CHIVAS REGAL 12 YR 49
J&B RARE 45
THE MACALLAN 12YR S 55
THE MACALLAN 18YRS 95
GLENFIDDICH 12 YR S 50
GLENFIDDICH 18YRS 65
GLEN LIVET 12YRS 45
GLEN LIVET 18YRS 85

TEQUILA

JOSE CUERVO GOLD 42
JOSE CUERVO PLATINO 51
JOSE CUERVO RESERVA 75
PATRON SILVER 45
PATRON REPOSADA 49
DON JULIO RESPOSADA 45
DON JULIO 1942 165

HOUSE SPIRITS

VODKA 41
STOLICHNAYA VODKA

GIN 41
BOMBAY SAPPHIRE GIN

WHISKEY 41
JW RED WHISKEY

RUM 41
BACARDI RUM

TEQUILA 41
JOSE CUERVO SILVER

ASK ABOUT OUR BOTTLE MENU



Stables Shots



B52 40

Amarula, Kahlua, TripleSec

SPRINGBOK 40

Amarula, Crème de Menthe

BRAIN DAMAGE 40

Amarula, Peach Schnapps, Grenadine

JELLY FISH 40

Jim Beam, Tequila, Sambuca, Tabasco

RED FISH 40

Peach Schnapps, Cranberry

BUBBLEGUM 40

Midori, Banana Liqueur, Baileys

JAM DONUT 40

Chambord, baileys

TOP SHOTS

JAGERMEISTER 45

SAMBUCA 45

ABSINTHE 55

JAGERBOMB 55

ASK ABOUT OUR SHOTS PROMOTIONS



HAPPY HOUR

SPIRITS

- JW RED LABEL 29
- STOLICHNAYA 29
- BOMBAY SAPPHIRE 29
- BACARDI 29
- JOSE CUERVO SILVER 29

DRAUGHT BEER

- STELLA ARTOIS 35
- HEINEKEN 35
- BIRRA MORETTI 35
- AMSTEL 35
- HOEGAARDEN 35
- HOEGAARDEN ROSE 35
- STRONGBOW 35
- GUINNESS 39
- KINGFISHER 35

BOTTLE BEER

- SOL 29
- BUDWEISER 29
- HEINEKEN 29
- DESPERADO 29
- STRONGBOW 29
- CORONA 29

COCKTAILS

- MOJITO 32
- COSMOPOLITAN 32
- STRAWBERRY VODKA LEMONADE 32

WINE

- HOUSE WINE
- WHITE 32
- ROSE 32
- RED 32

HARNESS THE JOY: HAPPY HOUR,
WHERE EVERY SIP GALLOPS WITH ALCOHOL-INFUSED BLISS!

THANKS FOR COMING ON ARE JOURNEY
HOPE TO SEE U AGAIN SOON



THE STABLES

THE END.